

### Meat & Poultry

- 1 cut up chicken, or 4 breasts, or 6 thighs
- 3 lbs pork loin roast
- 4 bone-in thick cut pork chops
- 1 lb ground beef, 85% lean
- 8 bratwurst sausages, uncooked

### Produce

- 1 cup fresh apple cider
- 2 butternut squash
- 2 zucchini
- 2 yellow squash
- 1 onion
- 2 sweet onions
- 2 poblano peppers
- 1 Jalapeño pepper
- 2 shallots
- 1 Golden Delicious apple
- 4 Gala, Roma, Fuji or Honey Crisp apples
- 3 lbs russet potatoes
- Lettuce - burger topping
- Tomato - burger topping
- fresh parsley
- fresh sage
- fresh thyme
- vegetable of choice (to accompany pork & chicken)
- salad greens (to accompany pasta)

### Dairy

- 1¼ lbs butter
- 6 cups milk
- 1¾ cups heavy cream
- 1¼ cups buttermilk
- 3¼ cups grated Parmesan
- 1 lb. ricotta cheese
- 8 oz Gruyère cheese
- 8 oz Cheddar cheese
- 4 slices Cheddar cheese (burgers - optional)
- sour cream (chili topping - optional)

### Dry Goods

- ½ lb dried spaghetti
- 1 lb penne or cavatappi pasta
- 8 lasagna noodles
- 28 oz diced fire-roasted tomatoes
- rice - to serve with chicken
- 2½ cups beef stock
- ¾ cup chicken stock
- 4 cups pumpkin purée
- 1 cup roasted pepitas seeds
- 4 brioche hamburger buns
- 12 oz pale lager beer

### Pantry Staples

- olive oil
- soy sauce
- white wine vinegar
- mayonnaise
- molasses
- honey
- Worcestershire sauce
- ketchup
- spicy brown mustard
- Dijon mustard
- hamburger pickles
- 2½ cups self-rising flour
- all-purpose flour
- sugar
- brown sugar
- 1 cup seasoned panko bread crumbs

### Spices

- sage
- chili powder
- cumin
- cinnamon
- thyme
- dry mustard powder
- paprika
- pumpkin pie spice
- nutmeg