

### Produce

- 3 cloves garlic
- 8 radishes
- 7 oz fresh peas (or frozen)
- 2 yellow squash
- 4 large zucchini
- 12 baby zucchini (or 2 large)
- 4 lbs butternut squash
- 1 delicata squash
- 6 ears corn on the cob
- 2 onions
- 1 red onion
- 2 shallots
- 3 red bell pepper
- 1 Jalapeño pepper
- 2 roma tomatoes
- 6 cups spinach
- 4 carrots
- 2 ribs celery
- 1 lb crimini or brown mushrooms
- 3 scallions
- 4 oz arugula
- 1 roma or gala apple
- 1 lemon
- 2 limes
- cilantro
- parsley
- sage
- mint
- salad (to accompany pasta & tart)

### Dairy

- 1 qt milk
- 5 tbsp butter
- 3 eggs
- 4 oz feta cheese
- 14 oz mozzarella cheese
- 8 oz Fontina cheese
- 1 lb ricotta cheese
- grated Cheddar cheese, optional (chili topping)
- 2½ cups Parmesan cheese

- sour cream, optional for serving
- 1 lb pizza dough (store-bought or homemade)
- 10-inch pastry crust

### Dry Goods

- 1 lb spaghetti
- 8 oz lasagna noodles
- 15 oz black beans
- 2 cups dried black beans (or 3 cans)
- 15 oz chickpeas
- 42 oz canned tomatoes
- chipotle peppers in adobo
- 2 cups wheat berries
- ¼ cup roasted pumpkin seeds
- ½ cup artichoke hearts

### Pantry Staples

- olive oil
- vegetable or canola oil
- apple cider vinegar
- all-purpose flour
- cornmeal
- baking powder
- 2 cups vegetable stock

### Spices

- dried cumin
- cayenne pepper
- dried oregano
- chili powder
- paprika
- dried sage
- nutmeg