

Meat & Poultry

- 2¼ lbs boneless chicken breasts
- 4 lbs whole chicken
- 1 lb Polish kielbasa
- ¾ lb ground beef (or turkey)

Fish & Seafood

- 1½ lbs cod fillets

Produce

- 1 head cauliflower
- 1 head broccoli
- 3 onions
- 4 cloves garlic
- 3 carrots
- 8 oz button mushrooms
- 1 pint cherry tomatoes
- 3 lbs russet potatoes
- 5 lemons
- scallions
- arugula
- tarragon
- thyme

Dairy

- 6 eggs
- 6 oz butter
- ⅔ cup heavy cream
- 1 cup whole milk (or heavy cream)
- 4 slices Cheddar cheese
- 4 oz white Cheddar cheese
- 4 oz Swiss cheese
- 6 oz burrata or mozzarella cheese

Freezer/Refrigerator

- ½ cup frozen peas
- 1 lb sauerkraut
- 1 lb potato & cheese pierogies

Dry Goods

- white or brown rice, for serving
- 12 oz wide egg noodles
- 2 tsp chili paste
- 2 Tbsp oyster sauce
- dill pickles
- tartar sauce (for serving)
- 8 oz beer (or chicken stock)
- 4 hamburger buns

Pantry Staples

- olive oil
- vegetable or canola oil
- soy sauce
- rice wine vinegar
- stone ground mustard
- Dijon mustard
- yellow mustard
- ketchup
- flour
- sugar
- 2¼ cups panko breadcrumbs
- ¾ cup seasoned breadcrumbs
- 4 cups chicken stock
- malt vinegar (for serving on chips)
- 1 cup sherry

Spices

- caraway seeds
- seasoned salt
- paprika