

Meat & Poultry

- 6 bone-in, skin on chicken thighs
- 1 whole (or cut up) chicken
- 18 meatballs (homemade or store bought)
- 4 center cut bone-in pork chops (at least 1-inch thick)
- 3 lbs beef chuck roast
- 2 lbs ground beef (or turkey)
- 1 lb raw chorizo sausage
- 8 oz bacon or pancetta

Produce

- 8 cloves garlic
- 1 red onion
- 7 yellow onions
- 2 green bell peppers
- 2 red bell peppers
- 1 Jalapeño pepper
- 2 ribs celery
- 8 oz mushrooms
- 1½ cups baby carrots
- 1½ cups sugar snap peas
- 1 orange
- 3 scallions
- 1 cup corn kernels (fresh or frozen)
- fresh parsley
- fresh cilantro
- fresh basil (optional)
- salad greens (to accompany pasta)
- coleslaw (to accompany beef dip sandwiches)

Dairy

- 3 oz unsalted butter
- 2 tbsp milk (optional)
- 1¼ cups buttermilk
- ½ cup Monterey Jack cheese
- 1½ cups pepper Jack cheese
- 1¼ cups grated Parmesan cheese
- 1¼ cups Pecorino Romano
- 12 oz ricotta cheese (optional)
- ¼ cup sour cream
- 4 eggs
- ½ cup orange juice

Dry Goods

- 1 lb penne pasta
- 1 lb spaghetti or linguini
- 2 cups basmati rice (or long-grain)
- 1½ cups yellow cornmeal
- ¾ cup (6 oz) jarred salsa
- 12 oz orange marmalade
- 28 oz crushed tomatoes
- 56 oz petite diced tomatoes
- 28 oz canned whole tomatoes
- 15 oz red kidney beans
- ⅓ cup roasted peppers
- 4 tbsp tomato paste
- 12 oz lager beer
- ½ cup horseradish
- ½ cup white wine
- 4 or 8 crusty long rolls
- egg noodles (to accompany chicken cacciatore)

Pantry Staples

- olive oil
- 28 oz (3½ cups) chicken stock
- 40 oz (5 cups) beef stock
- brown sugar
- sugar
- flour
- soy sauce
- honey
- baking soda
- baking powder

Spices

- chili powder
- Italian seasoning
- red pepper flakes (optional)
- dried thyme
- dried rosemary
- bay leaf
- dried oregano
- ground cumin