

Meat & Poultry

- 6 boneless chicken breasts
- 1 lb ground beef
- 1½ lbs ground turkey
- 1 lb Italian sausage
- 4 pork chops (thick cut)

Dairy

- 2 eggs
- 8 oz heavy cream
- 8 oz Cheddar cheese
- 8 oz fresh mozzarella cheese
- 8 oz Parmesan cheese
- 6 oz Fontina cheese

Produce

- 1 clove garlic
- 2½ yellow onions
- 1 red onion
- 2 shallots
- 6 russet potatoes
- 12 oz green beans
- 1 green bell pepper
- 2 red bell peppers
- 1 Jalapeño peppers
- 3 lemons
- 1 head Romaine lettuce
- 5 oz spinach

Optional Produce

- 2 avocados
- 1 lime
- 1 bunch cilantro
- 1 bunch parsley

Dry Goods

- 1⅓ cups arborio rice
- 1 lb dried ziti pasta
- 8 oz dried elbow macaroni
- 28 oz canned peeled tomatoes.
- 28 oz canned crushed tomatoes
- 28 oz canned diced tomatoes
- 28 oz fire roasted diced tomatoes
- 30 oz black beans
- 15 oz red kidney beans
- croutons
- tortilla chips

Pantry Staples

- 1 tsp anchovy paste
- apple cider vinegar
- 1 cup beef stock
- breadcrumbs
- brown sugar
- butter
- canola oil
- 2½ quarts chicken stock
- Dijon mustard
- all-purpose flour
- ketchup
- olive oil
- ½ cup white wine
- white wine vinegar

Spices

- smoked paprika
- paprika
- chili powder
- cumin
- oregano
- Italian seasoning
- basil cayenne pepper
- crushed red pepper flakes